

Working alone and in remote areas



Working in remote areas and working on your own carries increased risk. Extreme conditions, limited resources, challenging access and distance from emergency services can significantly increase the impact of any incident.

To control these risks, you're required to:



**Never perform
high-risk
activities when
alone**

High-risk activities are not permitted when working alone, including working:

- at heights
- with electricity
- with hazardous substances
- in restricted or confined spaces
- on or using hazardous plant and equipment.



**Check in
regularly**

- Follow the Travel Tracker process to register your journey with the SMC/NOCC and ensure active monitoring through off-road and remote terrain.
- Log in and sign out of work sites when you arrive and depart. You can do this through the mobile app or by contacting SMC/NOCC directly.
- Ensure your Leader is aware of your travel plans.



**Carry at least
two methods of
communication**

- Ensure that one method of communication [such as a satellite phone, P25 or UHF radio] operates in remote areas which may have limited or no mobile coverage.
- Carry a PLB [Personal Locator Beacon] when travelling remotely [in addition to two methods of communication].
- Register the PLB with the authorities and ensure the escalation contact point is current.



**Use a suitable
well-equipped
vehicle**

- Vehicles travelling into remote areas must be equipped with:
 - heavy duty tyres and a spare tyre
 - recovery kit including snatch strap, shackles [rated 4750kg] and winch extension
 - a wool blanket for bushfire protection and emergency bedding.
- Check you have adequate fuel with reserves for unexpected travel routes or detours.
- Take adequate water for the number of people travelling.



**Plan for
emergency
situations**

- Carry a first aid kit, stocking the kit with supplies suited to your environment. For example, you may require snake bite compression bandages.
- Pack enough extra water and food for one day longer than you plan to be working or travelling.
- Review site information to confirm the nearest medical facilities.
- In an emergency, stay with your vehicle and call for help.
- If you cannot call for help, remain at the vehicle and seek help from a passerby.



**Take extra
care while
driving**

- Watch for wildlife particularly at dawn and dusk.
- Stop driving if you experience signs of fatigue.
- Watch for hazardous road conditions and drive to suit these conditions.
- Monitor the weather and emergency status of your destination, as well as areas you are driving through.

Be someone you can rely on.



Check for risks before
starting each task.

Connect the right controls
to stay safe.

Complete the work once
controls are in place.



bai communications